

**PHYSICAL FITNESS CRITERIA (MINIMUM) FOR THE POSITION OF  
'FIRE & SAFETY OFFICER'**

**For Male:** Height: 165 CM, Weight: 50 Kg, Chest: Normal: 81 CM, Expanded: 86.5 CM

**For Female:** Height: 157 CM, Weight: 46 Kg

Eyesight normal (6/6 in both the eyes; without glasses), colour vision normal and Free from Vertigo problem, disease of heart/lungs/kidney, abnormal blood pressure, Knock Knee, Flat Feet, Squint eye and stammering. Candidate must be in good mental and bodily health and free from any physical defect.